

Blood sugar	Correction	
	<i>Daytime</i>	<i>After 7 PM</i>
Less than 60	5-6 g free	9-10 g free
60-100	2-3 g free	8-9 g free
100-150	1-2 g free	7-8 g free
151-200	0-1 g free	3-4 g free
201-250	.5 units	.3 units
251-300	1 unit	.5 units
301-350	1.5 units	.7 units
351-400	2 units	.9 units
Over 400	2.5 units	1.1 units

Total Carbs	Meal Bolus	Total Carbs	Meal Bolus
2 grams	.1 unit	22 grams	1.1 units
4 grams	.2 units	24 grams	1.2 units
6 grams	.3 units	26 grams	1.3 units
8 grams	.4 units	28 grams	1.4 units
10 grams	.5 units	30 grams	1.5 units
12 grams	.6 units	32 grams	1.6 units
14 grams	.7 units	34 grams	1.7 units
16 grams	.8 units	36 grams	1.8 units
18 grams	.9 units	38 grams	1.9 units
20 grams	1 unit	40 grams	2 units